J2 GLOBAL COMMUNICATIONS INC

Form 4 July 28, 2005

FORM 4

subject to

Section 16.

Form 4 or

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

Form 5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction 1(b).

(Print or Type Responses)

C/O J2 GLOBAL

1. Name and Address of Reporting Person * **ZUCKER NEHEMIA**

2. Issuer Name and Ticker or Trading Symbol

5. Relationship of Reporting Person(s) to Issuer

OMB APPROVAL

3235-0287

January 31,

2005

0.5

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Number:

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J2 GLOBAL COMMUNICATIONS

INC [jcom]

(Last) (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year)

Director 10% Owner Other (specify X_ Officer (give title

President

(Check all applicable)

below) 07/26/2005

COMMUNICATIONS, INC., 6922 HOLLYWOOD BLVD/LEGAL DEPT - 5TH FL

(Street)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

LOS ANGELES, CA 90028

(City)	(State)	(Zip) Tab	le I - Non-I	Derivative S	Securi	ties Acqu	ired, Disposed of	f, or Beneficial	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	Transaction(A) or Dispose Code (Instr. 3, 4 and			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	(Instr. 4)	
Stock, \$0.01 par value	07/26/2005		M <u>(1)</u>	2,562	A	\$ 1.88	2,562	D	
Common Stock, \$0.01 par value	07/26/2005		M(1)	30,000	A	\$ 7.05	32,562	D	
	07/26/2005		S	9,900	D	\$ 40.5	22,662	D	

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Common Stock, \$0.01 par value							
Common Stock, \$0.01 par value	07/26/2005	S	100	D	\$ 40.52	22,562	D
Common Stock, \$0.01 par value	07/26/2005	S	20,362	D	\$ 41	2,200	D
Common Stock, \$0.01 par value	07/26/2005	S	500	D	\$ 41.01	1,700	D
Common Stock, \$0.01 par value	07/26/2005	S	900	D	\$ 41.04	800	D
Common Stock, \$0.01 par value	07/26/2005	S	500	D	\$ 41.05	300	D
Common Stock, \$0.01 par value	07/26/2005	S	300	D	\$ 41.06	0	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02) required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transac Code (Instr. 8	tion)	orDerivative Securities		6. Date Exerci Expiration Da (Month/Day/Y	te	Underlying S	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number	

								of Shares
Options to Purchase Common Stock	\$ 1.88	07/26/2005	M	2,562	03/28/2005	03/28/2011	Common Stock, \$0.01 par value	2,562
Options To Purchase Common	\$ 7.05	07/26/2005	M	30,000	06/25/2005	06/25/2012	Common Stock, \$0.01 par value	30,000

Reporting Owners

Reporting Owner Name / Address

Director 10% Owner Officer Other

ZUCKER NEHEMIA C/O J2 GLOBAL COMMUNICATIONS, INC. 6922 HOLLYWOOD BLVD/LEGAL DEPT - 5TH FL LOS ANGELES, CA 90028

President

f Cha

Signatures

/s/Nehemia

Stock

Zucker 07/28/2005

**Signature of Date Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares were acquired upon exercise of stock options under the Issuer's 1997 Stock Option Plan identified as exercised in Part II of this Form 4.
- (2) Employee stock option granted for services rendered, no value placed on services rendered.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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