

FRONTLINE LTD /  
Form 6-K  
June 16, 2004

**UNITED STATES**  
**SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

**FORM 6-K**

**Report of Foreign Issuer**

**Pursuant to Rule 13a-16 or 15d-16 of  
the Securities Exchange Act of 1934**

For the month of June, 2004

**Frontline Ltd.**

(Translation of registrant's name into English)

**Par-la-Ville Place, 14 Par-la-Ville Road, Hamilton, HM 08, Bermuda**

(Address of principal executive offices)

Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F

Form 20-F  Form 40-F

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Indicate by check mark whether the registrant by furnishing the information contained in this Form is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934.

Yes  No

If  is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2(b): 82-\_\_\_\_\_

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Item 1. INFORMATION CONTAINED IN THIS FORM 6-K REPORT

**Attached as Exhibit 1 is a copy of the Information Statement dated June 10, 2004 that is being distributed to the holders of the Company's common shares in connection with the Company's partial spin-off of Ship Finance International Limited as of June 16, 2004.**



SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

Date	June 16, 2004	By	Frontline Ltd. (Registrant)
			/s/ Kate Blankenship Kate Blankenship Secretary and Chief Accounting Officer