

PENGROWTH ENERGY TRUST

Form 6-K

September 23, 2003

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**SECURITIES AND EXCHANGE COMMISSION  
WASHINGTON, D.C. 20549**

**Form 6-K**

**Report of Foreign Private Issuer  
Pursuant to Rule 13a-16 or 15d-16 of the  
Securities Exchange Act of 1934**

**For the period August 21, 2003 to September 22, 2003**

**Pengrowth Energy Trust**

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*(Translation of Registrant's Name Into English)*

**Petro-Canada Centre East Tower  
2900, 111 5th Avenue S.W.  
Calgary, Alberta T2P 3Y6 Canada**

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*(address of principal executive offices)*

[Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F.]

Form 20-F

Form 40-F

[Indicate by check mark whether the registrant by furnishing the information contained in this Form is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Security Exchange Act of 1934.]

Yes

No

[If Yes is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2(b): \_\_\_\_\_ ]

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**DOCUMENTS FURNISHED HEREUNDER:**

1. Press Release announcing the cash distribution for October 15, 2003.
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**SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

**PENGROWTH ENERGY TRUST**  
by its administrator PENGROWTH CORPORATION

September 22, 2003

By: /s/ Gordon M. Anderson

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Name: Gordon M. Anderson  
Title: Vice President

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**NEWS RELEASE**

**Attention: Financial Editors**

**Stock Symbol: PGF.UN, TSX; PGH, NYSE**

**PENGROWTH ENERGY TRUST ANNOUNCES CASH DISTRIBUTION FOR  
OCTOBER 15, 2003**

(Calgary, September 19, 2003) /CNW/ Pengrowth Corporation ( Pengrowth ), administrator of Pengrowth Energy Trust announced today the cash distribution payable October 15, 2003 will be Cdn \$0.21 per trust unit. The distribution is net of amounts withheld to finance capital expenditures. The ex-distribution date is September 26, 2003 and the record date is September 30, 2003.

The October 15, 2003 distribution of Cdn \$0.21 per trust unit is equivalent to approximately US \$0.15 per trust unit using an US/Canadian dollar exchange ratio of 1.3607. The actual US dollar equivalent distribution will be based upon the actual US /Canadian exchange rate applied on the payment date net of applicable Canadian withholding taxes.

This distribution relates to the production month of August, 2003. Cash distributions paid over the past 12 months now total Cdn \$2.64 per trust unit or approximately US \$1.82 per trust unit.

**PENGROWTH CORPORATION**

James S. Kinnear, President

For further information about Pengrowth, please visit our website [www.pengrowth.com](http://www.pengrowth.com) or contact:

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