

Symmetry Medical Inc.  
Form 8-K  
December 21, 2009

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UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): December 18, 2009

SYMMETRY MEDICAL INC.

(Exact name of Registrant as specified in its charter)

Delaware  
(State or other jurisdiction of  
incorporation)

001-32374  
(Commission File Number)

35-1996126  
(IRS Employer Identification No.)

3724 N State Road 15, Warsaw, Indiana 46582  
(Address of Principal executive offices, including Zip Code)

(574) 268-2252  
(Registrant's telephone number, including area code)

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))
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Item 8.01. Other Events

On December 18, 2009, Symmetry Medical, Inc. issued a press release entitled "Symmetry Medical Announces Restructuring," in which it announced that it has decided to consolidate its Auburn, ME facility into its other facilities, take a one-time charge related to that action, and is in the process of analyzing whether it has a goodwill impairment related to the Auburn, ME facility. Excluding the charges related to the foregoing it reaffirmed its guidance for the year.

A copy of the press release is being furnished as Exhibit 99.1.

Item 9.01. Financial Statements and Exhibits

(d) Exhibits

99.1 "Symmetry Medical Announces Restructuring" Press Release issued by Symmetry Medical, Inc. dated December 18, 2009.

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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Symmetry Medical Inc.

/s/ Fred L. Hite

Name: Fred L. Hite

Title: Chief Financial Officer

Date: December 18, 2009

EXHIBIT INDEX

Exhibit

No. Description

99.1 "Symmetry Medical Announces Restructuring" Press Release issued by Symmetry Medical Inc. dated December 18, 2009.

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