Sapack Kenneth Form 4 June 14, 2010

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5

obligations

may continue.

See Instruction

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading Sapack Kenneth Issuer Symbol EASTERN CO [EML] (Check all applicable) (Last) (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) Director X_ Officer (give title 112 BRIDGE STREET 06/10/2010

(Street)

4. If Amendment, Date Original Filed(Month/Day/Year)

Other (specify below) Chief Accounting Officer 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person

OMB APPROVAL

10% Owner

Estimated average

burden hours per

3235-0287

January 31,

2005

0.5

OMB

Number:

Expires:

response...

NAUGATUCK, CT 06770

(City)	(State) (2	Zip) Table	e I - Non-D	erivative (Securi	ties Acq	quired, Disposed o	of, or Beneficial	ly Owned
1.Title of Security (Instr. 3)		2. Transaction Date 2A. Deemed (Month/Day/Year) Execution Date, if any (Month/Day/Year)		4. Securities Acquired n(A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock (1)	06/10/2010		Code V	Amount 2,950	or	Price \$ 9.5	Transaction(s) (Instr. 3 and 4) 2,950	D	
Common Stock (2)	06/14/2010		S	657	D	\$ 14.3	2,293	D	
Common Stock (3)	06/14/2010		S	2,293	D	\$ 14.1	0	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number actiom Derivative Securities 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Qualified employee stock option (4)	\$ 9.5	06/10/2010		M		2,950	<u>(4)</u>	07/19/2010	Common Stock	17,900
Qualified employee stock option (5)	\$ 9.6	04/26/2001		A	0		01/01/2002	04/26/2011	Common Stock	7,500

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Sapack Kenneth

112 BRIDGE STREET Chief Accounting Officer

NAUGATUCK, CT 06770

Signatures

/s/Kenneth R. 06/14/2010 Sapack

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
 - 2,950 shares were exercised on June 10, 2010 at \$9.50 per share. The original 7/19/2000 option was for 15,000 shares at \$14.25 per share.
- (1) 7,017 shares were vested on 7/19/2000; 7,017 shares were vested on 1/1/2001; and 966 shares were vested on 1/1/2002. As a result of a 3-for2 stock split effective 10/18/2006, this option is now 22,500 shares at \$9.50 per share.
- (2) On June 14, 2010, 657 shares sold on the open market for \$14.30 per share.
- (3) On June 14, 2010, 2,293 shares sold on the open market for \$14.10 per share.

Reporting Owners 2

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- The original 7/19/2000 option was for 15,000 shares at \$14.25 per share. 7,017 shares were vested on 7/19/2000; 7,017 shares were vested on 1/1/2001; and 966 shares were vested on 1/1/2002. As a result of a 3-for2 stock split effective 10/18/2006, this option is now 22,500 shares at \$9.50 per share. On April 23, 2010 1,000 shares were exercised, on May 18, 2010 1,500 shares were exercised, on June 2, 2010 2,100 shares and on June 10, 2010 2,950 shares were exercised at \$9.50 per share, leaving a balance of 14,950 shares.
- (5) The original 4/26/2001 option was for 5,000 shares at \$14.40 per share. As a result of a 3-for-2 stock split effective 10/18/2006 this option is now for 7,500 shares at \$9.60 per share.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.