Edgar Filing: Rowland Suzanne B - Form 4

Rowland Suza	anne B										
Form 4											
May 18, 2011											
FORM		PPROVAL									
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549								OMB Number:	3235-0287		
Check this					Expires:	January 31,					
if no longe subject to	GES IN H	BENEFI	CIA	L OW	NERSHIP OF	Estimated a	2005				
Section 16.				ITIES				burden hours per			
Form 4 or								response	•		
Form 5 obligations	^	uant to Section 1									
may contir) of the Public Ut	•	•	- ·			n			
<i>See</i> Instruct 1(b).		30(h) of the In	vestment (Company	y Act	of 19	40				
(Print or Type Re	esponses)										
1. Name and Ad Rowland Suz	Name and Ticker or Trading				5. Relationship of Reporting Person(s) to Issuer						
FOS			R L B CO	[FSIR]			(Check all applicable)				
(Last) (First) (Middle) 3. Date of			Earliest Transaction								
	VDDU/F	(Month/D	-				X_ Director 10% Owner Officer (give title Other (specify				
415 HOLIDAY DRIVE 05)11				below) below)				
			ndment, Dat	e Original			6. Individual or Joint/Group Filing(Check				
			th/Day/Year)	-			Applicable Line)				
PITTSBURG	GH, PA 15220						_X_ Form filed by 0 Form filed by M Person	One Reporting Pe More than One Re			
(City)	(State) (Z	Zip) Tabl									
(eny)	(State) (A	Tabl	e I - Non-Do	erivative S	ecuri	ties Ac	quired, Disposed of	f, or Beneficial	lly Owned		
1.Title of	2. Transaction Date		3.	4. Securi				6. Ownership			
Security (Instr. 3)	(Month/Day/Year)	Execution Date, if any	TransactionAcquired (A) or Code Disposed of (D) (Instr. 8) (Instr. 3, 4 and 5)				Form: Direct (D) or	Indirect Beneficial Ownership			
(Instr. 5)		(Month/Day/Year)				-	ndirect (I)				
							Following	Instr. 4)	(Instr. 4)		
					(A)		Reported Transaction(s)				
					or		(Instr. 3 and 4)				
C			Code V	Amount	(D)	Price					
Common Stock	05/18/2011		А	1,750	А	\$0	7,750	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transac Code (Instr. 8	nsactionNumber E e of (1		5		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owno Follo Repo Trans (Instr	
			Code	V	(A) ((D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

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Reporting Owners

Reporting Owner Name / Add	ress	Relationships								
Treporting Official Camport Frank	Director	10% Owner	Officer	Other						
Rowland Suzanne B 415 HOLIDAY DRIVE PITTSBURGH, PA 15220	Х									
Signatures										
Suzanne B. Rowland	05/18/2011									
<u>**</u> Signature of Reporting Person	Date									

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.