McDonald Ian J Form 4 October 14, 2009

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB as

OMB APPROVAL

Number:

3235-0287

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if no longer subject to Section 16. Form 4 or Form 5 obligations may continue.

See Instruction

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1(b).

1. Name and Address of Reporting Person **
McDonald Ian J

2. Issuer Name **and** Ticker or Trading Symbol

5. Relationship of Reporting Person(s) to

Issuer

Thompson Creek Metals CO Inc.

(Check all applicable)

[TC]

10/09/2009

(Middle)

(Zip)

(Last)

3. Date of Earliest Transaction (Month/Day/Year)

X Director ___ Officer (give title

_____ 10% Owner _____ Other (specify

C/O THOMPSON CREEK METALS COMPANY, 26 WEST DRY CREEK CIRCLE, SUITE 810

(First)

(Street)

(State)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person ____ Form filed by More than One Reporting

Person

Table I - Non-Darivative Securities Acquired Disposed of or Reneficially Owned

LITTLETON, CO 80120

(City)

| | · · · | 1 201 | e i - Non-L | erivative i | Securi | ues Acqu | iirea, Disposea oi | , or benefician | y Owned |
|------------|---------------------|--------------------|-----------------------------------|-----------------------|--------|------------|--------------------|-----------------|--------------|
| 1.Title of | 2. Transaction Date | 2A. Deemed | 3. | 4. Securit | ies Ac | quired | 5. Amount of | 6. | 7. Nature of |
| Security | (Month/Day/Year) | Execution Date, if | Transaction(A) or Disposed of (D) | | | Securities | Ownership | Indirect | |
| (Instr. 3) | | any | Code | e (Instr. 3, 4 and 5) | | | Beneficially | Form: Direct | Beneficial |
| | | (Month/Day/Year) | (Instr. 8) | | | | Owned | (D) or | Ownership |
| | | | | | | | Following | Indirect (I) | (Instr. 4) |
| | | | | | () | | Reported | (Instr. 4) | |
| | | | | | (A) | | Transaction(s) | | |
| | | | Code V | A 4 | or | D | (Instr. 3 and 4) | | |
| a | | | Code V | Amount | (D) | Price | | | |
| Common | 10/09/2009 | | M | 30,000 | Α | \$ 7.42 | 272,247 | D | |
| Shares | 10/09/2009 | | 171 | 50,000 | 7.1 | (1) | 272,217 | D | |
| | | | | | | Ф | | | |
| Common | | | | | | \$ | | | |
| Shares | 10/09/2009 | | S | 29,900 | D | 13.42 | 242,347 | D | |
| Silares | | | | | | (1) (2) | | | |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transactic Code (Instr. 8) | 5. Number of actionDerivative Securities 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) | | 6. Date Exercisable and Expiration Date (Month/Day/Year) | | 7. Title and Amount of Underlying Securities (Instr. 3 and 4) | |
|---|---|---|---|--|--|--------|--|--------------------|---|-------------------------------------|
| | | | | Code V | (A) | (D) | Date Exercisable | Expiration Date | Title | Amount or Number of Shares |
| Option Grant | \$ 7.42 | 10/09/2009 | | M | | 30,000 | 11/09/2006 | 11/09/2011 | Common Shares | 30,000 |

Reporting Owners

Relationships

McDonald Ian J C/O THOMPSON CREEK METALS COMPANY 26 WEST DRY CREEK CIRCLE, SUITE 810 LITTLETON, CO 80120



Signatures

/s/ Dale Huffman, Attorney-In-Fact

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Canadian dollars.
- (2) Consisted of 4 transactions with prices between 13.40 and 13.46 in Canadian dollars.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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