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LICHTENSTEIN MORRIS

Form 4 May 24, 2006

FORM 4

OMB APPROVAL

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number:

Check this box if no longer subject to Section 16.

3235-0287 January 31, Expires:

2005

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Estimated average burden hours per response... 0.5

Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

See Instruction

30(h) of the Investment Company Act of 1940

1(b).

value \$.01 per share

(Print or Type Responses)

1. Name and Address of Reporting Person *_LICHTENSTEIN MORRIS			2. Issuer Name and Ticker or Trading Symbol IDT CORP [IDT,IDT.C]				5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year)				(Check all applicable) Director 10% Owner			
C/O IDT CORPORATION, 520 BROAD STREET			05/22/2006			X Officer (give title Other (specify below)				
(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)			6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person				
NEWARK,	NJ 07102						Form filed by Person	More than One Ro	eporting	
(City)	(State)	(Zip)	Table	e I - Non-Do	erivative S	ecurities Ac	quired, Disposed	of, or Beneficia	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Da (Month/Day/Yea	r) Execution	emed on Date, if /Day/Year)	3. Transactio Code (Instr. 8)	4. Securit onAcquired Disposed (Instr. 3,	(A) or of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Class B Common Stock, par value \$.01 per share				Code V	Amount	(D) Price	1,562 (1)	I	By 401(k) Plan	
Class B Common Stock, par							322,590 (2)	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number of TransactionDerivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (right to buy)	\$ 22.3	05/22/2006		D		11,111	12/15/2004	12/14/2014	Class B Common Stock	11,111
Employee Stock Option (right to buy)	\$ 22.3	05/22/2006		D		22,222	01/24/2005	12/14/2014	Class B Common Stock	22,222
Employee Stock Option (right to buy)	\$ 18.15	05/22/2006		D		11,111	12/15/2004	06/27/2014	Class B Common Stock	11,111
Employee Stock Option (right to buy)	\$ 18.15	05/22/2006		D		22,222	01/24/2005	06/27/2014	Class B Common Stock	22,222

Reporting Owners

Reporting Owner Name / Address	Kelationships						
1 8	Director	10% Owner	Officer	Other			
LICHTENSTEIN MORRIS			Chief Operating Officer				
C/O IDT CORPORATION							
520 BROAD STREET							

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NEWARK, NJ 07102

Signatures

Joyce J. Mason, by Power of Attorney

05/24/2006

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) As of April 28, 2006.
- (2) Consists of 319,822 shares of Restricted Stock, of which 210,933 are vested, and 2,768 shares of stock purchased through the Issuer's Employee Stock Purchase Plan.
- The option was canceled pursuant to a Tender Offer by IDT Corporation and accepted by the reporting person. The reporting person (3) received \$2.00 per underlying share per option, equaling an aggregate amount of \$133,332, as consideration for the cancellation of all options reflected in this Form 4.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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