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McCormick Form 4	Steven										
November 04	4, 2009										
FORM	14									OMB APPROVAL	
	UNITED	UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549								3235-0287	
Check th if no long subject to Section 1 Form 4 o	^{ger} STATEM 6.	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES									
Form 5 obligatio may cont See Instru 1(b).	ns Section 17(a	response Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940									
(Print or Type I	Responses)										
McCormick Steven Sym WH			Symbol WEIGH	2. Issuer Name and Ticker or Trading Symbol WEIGHT WATCHERS INTERNATIONAL INC [WTW]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
			INTER	NATION	AL INC		wj				
(Last) (First) (Middle) 11 MADISON AVE., 17TH FLOOR			3. Date of Earliest Transaction (Month/Day/Year) 11/03/2009					Director 10% Owner Officer (give title Other (specify below) President, N. America			
NEW VOD	(Street)			ndment, Da hth/Day/Year	-	1		6. Individual or Jo Applicable Line) _X_ Form filed by 0 Form filed by M	One Reporting Pe	rson	
NEW YOR	K, NY 10010							Person			
(City)	(State)	(Zip)	Tabl	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned	
(Instr. 3) any		n Date, if Transaction(A) or I			rities Acquired Disposed of (D) , 4 and 5) (A)		5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)			
				Code V	Amount	or (D)	Price	(Instr. 3 and 4)			
Common Stock	11/03/2009			М	938	A	\$0	938	D		
Common Stock	11/03/2009			F	358	D	\$ 26.42	580	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. Number orof Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		20		8. D Sc (It
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Restricted Stock Unit Award	\$ 0	11/03/2009		М	938	11/03/2009	11/03/2013	Common Stock	938	

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
McCormick Steven 11 MADISON AVE., 17TH FLOOR NEW YORK, NY 10010			President, N. America					
Signatures								
Stephanie Delavale, as Attorney-In-Fa McCormick	act for Ste	ven	11/04/2009					
<u>**</u> Signature of Reporting Per	son		Date					
Evalenction of Deene								

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.