HAY LEWIS III

Form 4

September 13, 2010

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Check this box

if no longer

subject to

Section 16.

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Form 4 or Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

Washington, D.C. 20549

1(b).

Stock

(Print or Type Responses)

1. Name and Address of Reporting Person * HAY LEWIS III	2. Issuer Name and Ticker or Trading Symbol NEXTERA ENERGY INC [NEE]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last) (First) (Middle)	3. Date of Earliest Transaction			
NEXTERA ENERGY, INC., 700 UNIVERSE BOULEVARD	(Month/Day/Year) 09/10/2010	_X_ Director 10% Owner _X_ Officer (give title _X_ Other (specify below) Chairman & CEO / Chairman of Sub		
(Street)	4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
JUNO BEACH, FL 33408	Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		

		FEISOII							
(City)	(State)	(Zip) Tal	ble I - Non-	-Derivative S	ired, Disposed of, or Beneficially Owned				
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities on Disposed (Instr. 3, 4 a	of (D))	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	09/10/2010		M <u>(1)</u>	300,000	A		629,874 (2)	D	
Common Stock	09/10/2010		S(3)	300,000	D	\$ 55.017 <u>(4)</u>	329,874 (2)	D	
Common Stock							122,366	I	By Hay Family Limited Partnership
Common							188,065	I	By grantor

retained

annuity trusts

(9-02)

Common By Thrift I 3,512 Stock Plans Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of or Derivative Securities Acquired (A) or Disposed of (D (Instr. 3, 4, and 5))	Pate	7. Title and A Underlying S (Instr. 3 and	Securities
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount Number Shares
Employee Stock Option (Right to	\$ 30.86	09/10/2010		M <u>(1)</u>	300,000	<u>(5)</u>	02/12/2011	Common Stock	300,00

Reporting Owners

Reporting Owner Name / Address	Relationships						
reporting owner runner runners	Director	10% Owner	Officer	Other			
HAY LEWIS III NEXTERA ENERGY, INC. 700 UNIVERSE BOULEVARD JUNO BEACH, FL 33408	X		Chairman & CEO	Chairman of Sub			

Signatures

Buy)

Alissa E. Ballot 09/13/2010 (Attorney-in-Fact)

**Signature of Reporting Person Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Option exercise pursuant to Rule 10b5-1 trading plan amendment adopted by the reporting person on January 29, 2010.

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- (2) Includes 203,655 shares deferred until the reporting person's retirement.
- (3) Sales effected pursuant to Rule 10b5-1 trading plan amendment adopted by the reporting person on January 29, 2010.
- Weighted average sale price. Reporting person sold 300,000 shares through a trade order executed by a broker-dealer at prices ranging (4) from \$55.00 to \$55.08 per share. The reporting person hereby undertakes to provide full information regarding the number of shares sold at each separate price upon request by the U.S. Securities and Exchange Commission staff, the Issuer, or a security holder of the Issuer.
- (5) The option, representing a right to buy 300,000 shares, became exercisable in three substantially equal annual installments beginning on February 12, 2002, which was the first anniversary of the date on which the option was granted.
- (6) Not applicable.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.