TORCHMARK CORP

Check this box

if no longer

subject to

Section 16.

Form 4 or

Form 4

February 23, 2017

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number:

3235-0287

7. Nature of Indirect Beneficial Ownership (Instr. 4)

Expires:

January 31, 2005

Estimated average burden hours per

response...

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

0.5

OMB APPROVAL

1(b).

(Last)

(City)

(Print or Type Responses)

1. Name and Address of Reporting Person * SMITH ROGER C

2. Issuer Name and Ticker or Trading Symbol

5. Relationship of Reporting Person(s) to

Issuer

(First)

(Middle)

(Zip)

TORCHMARK CORP [TMK]

(Check all applicable)

3. Date of Earliest Transaction (Month/Day/Year)

02/21/2017

Director 10% Owner Officer (give title __X_ Other (specify below) below)

Exec. Officer of Principal Sub

AMERICAN INCOME LIFE **INSURANCE COMPANY, 3700** SOUTH STONEBRIDGE DRIVE

(Street)

(State)

4. If Amendment, Date Original

Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

MCKINNEY, TX 75070

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

						· · · · · · · · · · · · · · · · · · ·		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	3. Transacti Code (Instr. 8)	4. Securit order Dispos (Instr. 3, 4	ed of		5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	1 (
		Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		
Common Stock	02/21/2017	F	329 (4)	D	\$ 77.26	27,863	D	
Common Stock	02/21/2017	A	12,788	A	\$0	40,651	D	
Common Stock	02/21/2017	F	4,966 (5)	D	\$ 77.26	35,685	D	
Common Stock	02/22/2017	M	22,500	A	\$ 29.5912	58,185	D	
Common Stock	02/22/2017	S	22,500	D	\$ 77.2852	35,685	D	

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(3)

Common Stock 2,738 $\underline{^{(1)}}$ I Plan Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Relationships

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	TransactionDerivative Securities Code Acquired (A) or		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Am Underlying Sec (Instr. 3 and 4)	
	, and the second			Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	A N S
Employee Stock Options (Right to Buy)	\$ 77.26	02/21/2017		A	115,000		<u>(2)</u>	02/21/2024	Common Stock	1
Employee Stock Options (Right to	\$ 29.5912	02/22/2017		M		22,500	04/28/2014	04/28/2018	Common Stock	

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
SMITH ROGER C AMERICAN INCOME LIFE INSURANCE COMPANY 3700 SOUTH STONEBRIDGE DRIVE MCKINNEY, TX 75070				Exec. Officer of Principal Sub		

Signatures

Buy)

Roger C. Smith, By:/s/Carol A. McCoy, Attorney-in-fact 02/23/2017

**Signature of Reporting Person Date

Reporting Owners 2

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares in unitized fund in employee benefit plan estimated conversion of \$ balance to shares using \$77.26 per share.
- (2) First exercisable as to 50% of shares 2-21-19 and as to remaining 50% of shares 2-21-20.
- (3) sales at prices ranging from \$77.16 per share to \$77.47 per share.
- (4) Shares surrendered in payment of withholding taxes upon vesting of restricted stock.
- (5) Shares surrendered in payment of withholding taxes upon issuance of performance shares.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.