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ROBO JAM Form 4	ES L										
November 1	2, 2009										
FORM	4	~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~	~~~~		~ .					OMB AF	PROVAL
	UNITED	STATES				AND EX , D.C. 2		ANGE C	OMMISSION	OMB Number:	3235-0287
Check th if no long	aar			ICEC						Expires:	January 31, 2005
subject to Section 1 Form 4 c	51AIEN 16.	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES							Estimated average burden hours per response 0.		
Form 5 obligatio may cont <i>See</i> Instr 1(b).	tinue. Section 17(a) of the H	Public U	tility I	Hol	ding Co	mpan	•	e Act of 1934, 1935 or Section 0		
(Print or Type]	Responses)										
1. Name and A ROBO JAM	Address of Reporting IES L	Person <u>*</u>	Symbol			l Ticker o C [FPL]		ing	5. Relationship of I Issuer		
(Last)	(First) (I	Middle)				ransactior			(Check	all applicable)
· · ·	P, INC., 700 UN	,	(Month/I 11/10/2	Day/Yea					Director X Officer (give t below) President & C		
	(Street)		4. If Am	endmen	t, Da	ate Origin	al		6. Individual or Joi	nt/Group Filin	g(Check
IUNO BEA	CH, FL 33408		Filed(Mo	nth/Day/	'Yea	r)			Applicable Line) _X_ Form filed by Or Form filed by Mo	ne Reporting Per	son
		(7 :n)							Person		
(City)	(State)	(Zip)	Tab	le I - N	on-I	Derivativo	Secu	rities Acqu	uired, Disposed of,	or Beneficial	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deeme Execution any (Month/Da	Date, if	Code (Instr.	8)	4. Securi for Dispos (Instr. 3, Amount	(A) or		 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) 	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	11/10/2009			S <u>(1)</u>	v	10,000		\$ 50.623 (2)	7 109,970	D	
Common Stock									2,120	Ι	By Thrift Plans Trust
Common Stock									52,188 <u>(3)</u>	Ι	By Rabbi Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)

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required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactic Code (Instr. 8)	of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3,		ate	7. Titl Amou Under Securi (Instr.	ınt of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr
			Code V	4, and 5) (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
ROBO JAMES L FPL GROUP, INC. 700 UNIVERSE BOULEVARD JUNO BEACH, FL 33408			President & COO	Director of Sub				
Signatures								

Alissa E. Ballot	11/12/2009
(Attorney-in-Fact)	11/12/2009

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Sales effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on November 13, 2008.

Weighted average sale price. Reporting person sold 10,000 shares through a trade order executed by a broker-dealer at prices ranging from \$50.46 to \$50.7875 per share. The reporting person hereby undertakes to provide full information regarding the number of shares (2)sold at each separate price upon request by the U.S. Securities and Exchange Commission staff, the Issuer, or a security holder of the Issuer.

(3) Deferred shares held by Trustee of grantor trust in which reporting person has a pecuniary interest only.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.