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RYANAIR HOLDINGS PLC
Form 6-K
February 04, 2008

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 6-K

Report of Foreign Private Issuer

Pursuant to Rule 13a-16 or 15d-16
of the Securities Exchange Act of 1934

For the month of February, 2008

RYANAIR HOLDINGS PLC
(Translation of registrant's name into English)

c/o Ryanair Ltd Corporate Head Office
Dublin Airport
County Dublin Ireland
(Address of principal executive offices)

Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F.

Form 20-F..X.. Form 40-F.....

Indicate by check mark whether the registrant by furnishing the information contained in this Form is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934.

Yes No ..X..

If "Yes" is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2(b): 82- _____

RYANAIR'S JANUARY TRAFFIC GROWS 17%

The following are Ryanair's passenger and load factor statistics for January 2008.

	Jan 07	Jan 08	Increase	12 mth to 31 Jan 08
Passengers (m) 1	3.14m	3.68m	+ 17 %	49.58m
Load Factor 2	71%	69%	- 2%	82%

1. Represents the number of earned seats flown by Ryanair. Earned seats

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include seats that are flown whether or not the passenger turns up because once a flight has departed a no-show customer is not entitled to change flights or seek a refund.

2. Represents the number of passengers as a proportion of the number of seats available for passengers.

Ends.

Monday, 4th February 2008

For further information:

Peter Sherrard - Ryanair
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Pauline McAlester - Murray Consultants
Tel: 00 353 1 4980 300

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned, hereunto duly authorized.

RYANAIR HOLDINGS PLC

Date: 04 February 2007

By:____/s/ James Callaghan____

James Callaghan
Company Secretary & Finance Director