SECURITIES AND EXCHANGE COMMISSION

| | Washington, D.C. 20549 | |
|---|---|--------------------------------|
| | FORM 8-K | |
| | CURRENT REPORT | |
| PURSUANT TO SECTION 13 | OR 15(d) OF THE SECURITIE | S EXCHANGE ACT OF 1934 |
| Mar | ch 7, 2005 (Date of earliest event report | ed) |
| | Commission file number: 0-23329 | |
| | arles & Colvard, I ct name of registrant as specified in its char | |
| North Carolina (State or other jurisdiction of | | 56-1928817 (I.R.S. Employer |
| incorporation or organization) | | Identification No.) |
| | 300 Perimeter Park Drive, Suite A | |
| | Morrisville, North Carolina 27560 | |

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(Address of principal executive offices)

(Zip code)

(919) 468-0399

(Registrant s telephone number, including area code)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (*see* General Instruction A.2. below):

- " Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- " Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- " Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- " Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

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Item 7.01 Regulation FD Disclosure

On March 7, 2005, Charles & Colvard, Ltd. (the Company) issued a press release regarding sales guidance for the first quarter of 2005. A copy of this press release is attached as Exhibit 99.1. Management will host a conference call on Tuesday, March 8, 2005 at 9 a.m. EDT to provide a business overview and an update on recent corporate developments. Details on how to participate in the conference call are included in the attached press release.

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SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

Charles & Colvard, Ltd.

By: /s/ James R. Braun

James R. Braun

Vice President of Finance & Chief Financial Officer

Date: March 7, 2005