#### **BELZINSKAS REMIGIJUS**

Form 4

February 14, 2011

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### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

**SECURITIES** 

OMB

**OMB APPROVAL** 

Number:

3235-0287

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January 31, 2005

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if no longer subject to Section 16. Form 4 or Form 5

obligations

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person \* **BELZINSKAS REMIGIJUS** 

2. Issuer Name and Ticker or Trading Symbol

SIFCO INDUSTRIES INC [sif]

5. Relationship of Reporting Person(s) to

(Check all applicable)

Corporate Controller

below)

Issuer

below)

(Last)

(City)

(First) (Middle) 3. Date of Earliest Transaction

Director X\_ Officer (give title

10% Owner Other (specify

SIFCO INDUSTRIES INC, 970

**EAST 64TH STREET** 

(Street)

(State)

4. If Amendment, Date Original

6. Individual or Joint/Group Filing(Check Applicable Line)

Filed(Month/Day/Year)

(Month/Day/Year)

02/10/2011

\_X\_ Form filed by One Reporting Person Form filed by More than One Reporting

CLEVELAND, OH 44103

		Tubic
1.Title of	2. Transaction Date	2A. Deemed
Security	(Month/Day/Year)	Execution Date, if

(Zip)

anv

(Month/Day/Year)

3. 4. Securities TransactionAcquired (A) or Code Disposed of (D) (Instr. 3, 4 and 5) (Instr. 8)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 5. Amount of 6. Ownership 7. Nature of Securities Form: Direct Indirect Beneficially (D) or Beneficial Indirect (I) Ownership Owned Following (Instr. 4) (Instr. 4) Reported

D

(A)

Transaction(s) (Instr. 3 and 4)

Code V Amount (D) Price

**SIFCO** 

(Instr. 3)

Industries.

02/10/2011 Inc.

1,120 \$0 1,589 Α (1)

Common Stock

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Dr.Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisab Expiration Date (Month/Day/Year		7. Title and Ar Underlying Se (Instr. 3 and 4	ecurities	8 I S (
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock options - right to purchase SIFCO common stock	\$ 5.5					04/30/2003(2)	04/30/2012	SIFCO Industries, Inc. Common Stock	5,000	
Stock options - right to purchase SIFCO common stock	\$ 3.74					07/26/2006(2)	07/26/2015	SIFCO Industries, Inc. Common Stock	3,000	

# **Reporting Owners**

Relationships

Director 10% Owner Officer Other

**BELZINSKAS REMIGIJUS** SIFCO INDUSTRIES INC 970 EAST 64TH STREET CLEVELAND, OH 44103

Corporate Controller

# **Signatures**

Remigijus

Belzinskas 02/14/2011 Date

\*\*Signature of

Reporting Person

Reporting Owners 2

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## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Received as an award under SIFCO Industries, Inc. 2007 Long-Term Incentive Plan.
- (2) 25% of options awarded vested on this date. The balance of the awards vested 25% per year on this date in each of the next three (3) years.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.