RODRIGUEZ ANTONIO

Form 4 June 16, 2010

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

burden hours per

OMB APPROVAL

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005 Estimated average

0.5

Form 4 or Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

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response...

1(b).

Common

Stock

(Print or Type Responses)

	(Print or Type F	Responses)										
1. Name and Address of Reporting Person * RODRIGUEZ ANTONIO				2. Issuer Name and Ticker or Trading Symbol NEXTERA ENERGY INC [FPL]				-6	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
		(First) (I	Middle)	3. Date of Earliest Transaction (Month/Day/Year) 06/15/2010				Director 10% Owner X Officer (give title X Other (specify below)				
				4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person				
	JUNO BEA	CH, FL 33408						Form filed by More than One Reporting Person				
(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									ly Owned			
	1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Executio any		Code (Instr. 8)	4. Securiti on(A) or Dis (Instr. 3, 4	sposed 4 and 5 (A) or	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
	Common Stock	06/15/2010			Code V $S_{\underline{(1)}}$	Amount 11,000	(D)	Price \$51	31,375 (2)	D		
	Common Stock	06/15/2010			M	6,180	A	\$ 27.56	37,555 <u>(2)</u>	D		
	Common Stock								17,000 (4)	I	By grantor retained annuity trust	
	a								4.000		D	

4,228

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By Thrift

Plans

Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	Transaction Derivative Code Securities		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (Right to	\$ 27.56	06/15/2010		M		6,180	(3)	02/13/2013	Common Stock	6,180

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
RODRIGUEZ ANTONIO NEXTERA ENERGY, INC. 700 UNIVERSE BOULEVARD JUNO BEACH, FL 33408			Executive VP-Power Generation	Dir/Ex VP-Power Gen. of Sub				

Signatures

Buy)

Alissa E. Ballot (Attorney-in-Fact) 06/16/2010

**Signature of Reporting Person Date

Reporting Owners 2

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Sales effected pursuant to Rule 10b5-1 trading plan adopted by the reporting person on March 10, 2010.
- (2) Includes 8,770 shares deferred until the reporting person's retirement.
- The option, representing a right to buy 40,000 shares, became exercisable in three substantially equal annual installments beginning on February 13, 2004, which was the first anniversary of the date on which the option was granted.
- (4) These shares, which were previously reported as directly beneficially owned, were contributed to a grantor retained annuity trust on May 7, 2010.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.