Edgar Filing: LACH MICHAEL - Form 4

LACH MIC Form 4	HAEL										
February 09	, 2006										
FORM	ЛД								OMB AF	PPROVAL	
		AND EXC , D.C. 205		IGE CO	OMMISSION	OMB Number:	3235-0287				
Check th if no lon subject to Section Form 4 of Form 5 obligation may con See Instri 1(b).	ger o 16. or Filed pu ons ttinue. Section 17	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940								Expires: January 31, 2005 Estimated average burden hours per response 0.5	
(Print or Type	Responses)										
1. Name and Address of Reporting Person <u>*</u> LACH MICHAEL			Symbol	er Name and	I Ticker or T [NSR]	`rading	>	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	(First)	(Middle)	3. Date o	f Earliest T	ransaction			(Check	c all applicable	;)	
46000 CENTER OAK PLAZA (Street) STERLING, VA 20166			(Month/Day/Year) 02/07/2006 4. If Amendment, Date Original Filed(Month/Day/Year)					Director10% Owner XOfficer (give titleOther (specify below)			
(City)	(State)	(Zip)	Tab	le I - Non-I	Derivative S	ecurit	ies Acqu	ired, Disposed of,	or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Dat (Month/Day/Year)	Execution any		Code (Instr. 8)	omr Disposed (Instr. 3, 4)	d of (E and 5) (A) or))	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Class A Common Stock	02/07/2006			Code V M	Amount 131,312	(D) A	Price \$ 4.286	151,312	D		
Class A Common Stock	02/07/2006			S	131,312	D	\$ 29.35	20,000	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	orDerivative		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount Number Shares
Employee Stock Option	\$ 4.286	02/07/2006		М		131,312	<u>(1)</u>	03/26/2012	Class A Common Stock	131,31

Reporting Owners

Reporting Owner Name / Address	Relationships							
The pointing of the radius of the second	Director	10% Owner	Officer	Other				
LACH MICHAEL 46000 CENTER OAK PLAZA STERLING, VA 20166			President and COO					
Signatures								
/s/ Martin Lowen, by power of attorney		02/08/20	02/08/2006					
Signature of Reporting Person		Date						

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) 429,542 options are immediately exercisable with the remaining options vesting in monthly installments through March 2006.

Remarks:

All of the sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the Reporting Person.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.