TORCHMARK CORP

Form 4 May 06, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

OMB Number:

3235-0287

Expires:

January 31, 2005

0.5

Estimated average burden hours per

OMB APPROVAL

response...

if no longer subject to Section 16. Form 4 or Form 5 obligations

Check this box

SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

See Instruction

1. Name and Address of Reporting Person * MCANDREW MARK S			2. Issuer Name and Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer		
(Last)	(First)	(Middle)	TORCHMARK CORP [TMK] 3. Date of Earliest Transaction	(Check all applicable)		
UNITED AN INSURANC SOUTH STO	E COMPAN	<i>*</i>	(Month/Day/Year) 05/04/2005	_X_ Director 10% Owner _X_ Officer (give title Other (specify below) Chairman of Ins. Operations		

(Street) 4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

MCKINNEY, TX 75070

(City)	(State)	(Zip) Tal	ble I - Non	-Derivative	Secur	ities Acquire	ed, Disposed of, o	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securities Acquired (A) or tiorDisposed of (D) (Instr. 3, 4 and 5) (A) or			5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code V	Amount	(D)	Price	(Instr. 3 and 4)		
Common Stock	05/05/2005		M	53,198	A	\$ 34.5	99,765	D	
Common Stock	05/05/2005		M	100,000	A	\$ 27.8125	199,765	D	
Common Stock	05/05/2005		M	90,000	A	\$ 37.375	289,765	D	
Common stock	05/05/2005		M	50,556	A	\$ 41.26	340,321	D	
Common stock	05/05/2005		M	31,250	A	\$ 33.4375	371,571	D	

Edgar Filing: TORCHMARK CORP - Form 4

Common Stock	05/05/2005	M	100,000	A	\$ 38.2	471,571	D	
Common Stock	05/05/2005	M	50,000	A	\$ 37.44	521,571	D	
Common Stock	05/05/2005	S	306,977	D	\$ 54.77	214,594	D	
Common Stock	05/05/2005	S	79,517	D	\$ 54.77	135,077	D	
Common Stock						10,666 (1)	I	Thrift Plan Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number of TransactionDerivative Securities Code Acquired (A) or (Instr. 8) Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Ar Underlying Se (Instr. 3 and 4	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title
Employee Stock Option (Right to Buy)	\$ 54.77	05/04/2005		A	332,181		11/04/2005	05/04/2012	Common Stock
Employee Stock Option (Right to Buy)	\$ 34.5	05/05/2005		M		53,198	05/15/2000	11/17/2009	Common Stock
Employee Stock Option (Right to Buy)	\$ 27.8125	05/05/2005		M		100,000	12/21/2002	12/23/2009	Common Stock
Employee Stock Option	\$ 37.375	05/05/2005		M		90,000	12/20/2003	12/22/2010	Common Stock

Edgar Filing: TORCHMARK CORP - Form 4

(Right to Buy)							
Employee Stock Option (Right to Buy)	\$ 41.26	05/05/2005	М	50,556	02/09/2002	08/11/2011	Common Stock
Employee Stock Option (Right to Buy)	\$ 33.4375	05/05/2005	М	31,250	12/16/2001	12/18/2008	Common Stock
Employee Stock Option (Right to Buy)	\$ 38.2	05/05/2005	М	100,000	12/13/2004	12/15/2011	Common Stock
Employee Stock Option (Right to Buy)	\$ 37.44	05/05/2005	М	50,000	12/16/2004	12/18/2012	Common Stock

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
MCANDREW MARK S UNITED AMERICAN INSURANCE COMPANY 3700 SOUTH STONEBRIDGE DRIVE MCKINNEY, TX 75070	X		Chairman of Ins. Operations			

Signatures

Mark S. McAndrew, By:/s/Carol A. McCoy, Attorney-in-fact 05/06/2005

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares in unitized fund in employee benefit plan estimated conversion of \$ balance to shares using \$54.77 per share.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 3