MCCORMICK HAROLD T

Form 4 May 09, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or

Form 5 obligations

may continue. See Instruction

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Last)

(Print or Type Responses)

1. Name and Address of Reporting Person * MCCORMICK HAROLD T

(First)

(Middle)

2. Issuer Name and Ticker or Trading Symbol

TORCHMARK CORP [TMK]

3. Date of Earliest Transaction

(Month/Day/Year) 05/05/2005

5. Relationship of Reporting Person(s) to

Issuer

(Check all applicable)

10% Owner

_ Other (specify

OMB APPROVAL

Estimated average

burden hours per

3235-0287

January 31,

2005

0.5

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Number:

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response...

BAY POINT MANAGEMENT COMPANY, 3900 MARRIOTT DRIVE, SUITE K

> (Street) 4. If Amendment, Date Original

Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check

Applicable Line)

_X__ Director

Officer (give title

X Form filed by One Reporting Person Form filed by More than One Reporting

PANAM	IA CIT	ľY, FI	_ 3241
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(City)	(State)	(Zip) Tab	le I - Non-	Derivative	Secui	rities Acqui	red, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr. 8)	(A) or		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	05/05/2005		Code V M	Amount 4,740	(D)	Price \$ 36.57	20,142	I	By Estate of Spouse
Common Stock	05/05/2005		M	31,557	A	\$ 41.26	51,699	I	Estate of Spouse
Common Stock	05/05/2005		M	6,000	A	\$ 38.78	57,699	I	Estate of Spouse
Common Stock	05/05/2005		M	4,662	A	\$ 38.6	62,631	I	Estate of Spouse
Common Stock	05/05/2005		M	6,000	A	\$ 37.41	68,361	I	Estate of Spouse

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Common Stock	05/05/2005	M	2,918	A	\$ 28.125	71,279	I	Estate of Spouse
Common Stock	05/05/2005	M	6,000	A	\$ 45.56	77,279	I	Estate of Spouse
Common Stock	05/05/2005	M	2,000	A	\$ 15.9488	79,279	I	Estate of Spouse
Common Stock	05/05/2005	M	1,828	A	\$ 22.1619	88,107	I	Estate of Spouse
Common Stock	05/05/2005	M	1,299	A	\$ 33.5438	82,406	I	Estate of Spouse
Common Stock	05/05/2005	S	47,206	D	\$ 54.77	35,200	I	Estate of Spouse
Common Stock						7,200	I	By Trust
Common Stock						0	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	Expiration Dat	. Date Exercisable and expiration Date Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Director Stock Option (Right to Buy)	\$ 36.57	05/05/2005		M	4,740	11/14/2001	05/14/2012	Common Stock	4,740	
Director Stock Option (Right to	\$ 41.26	05/05/2005		M	31,557	02/09/2002	08/11/2011	Common Stock	31,557	

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Buy)								
Director Stock Option (Right to Buy)	\$ 38.79	05/05/2005	M	6,000	07/02/2002	01/04/2012	Common Stock	6,000
Director Stock Option (Right to Buy)	\$ 38.6	05/05/2005	M	4,662	07/03/2002	01/03/2013	Common Stock	4,662
Director Stock Option (Right to Buy)	\$ 37.41	05/05/2005	M	6,000	07/02/2003	01/04/2013	Common Stock	6,000
Director Stock Option (Right to Buy)	\$ 28.125	05/05/2005	M	2,918	07/07/2003	01/07/2014	Common Stock	2,918
Director Stock Option (Right to Buy)	\$ 45.56	05/05/2005	M	6,000	07/02/2004	01/04/2014	Common Stock	6,000
Director Stock Option (Right to Buy)	\$ 15.9488	05/05/2005	M	2,000	<u>(1)</u>	12/18/2007	Common Stock	2,000
Director Stock Option (Right to Buy)	\$ 22.1619	05/05/2005	M	1,828	(2)	01/31/2008	Common Stock	1,828
Director Stock Option (Right to Buy)	\$ 33.5438	05/05/2005	M	1,299	(3)	01/09/2009	Common Stock	1,299

Reporting Owners

Reporting Owner Name / Address Relationships

Reporting Owners 3

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Director 10% Owner Officer Other

MCCORMICK HAROLD T BAY POINT MANAGEMENT COMPANY 3900 MARRIOTT DRIVE, SUITE K PANAMA CITY, FL 32411



Signatures

Harold T. McCormick, By:/s/Carol A. McCoy, Attorney-in-fact

05/09/2005

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Vests as to 1/10 of option shares per year on anniversary of original grant date, commencing 12/18/1997.
- (2) Vests as to 1/10 of option shares per year on anniversary of original grant date, commencing 1/31/1998.
- (3) Vests as to 1/10 of option shares per year on anniversary of original grant date, commencing 1/9/1999.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Signatures 4