NOVAGOLD RESOURCES INC

Form 4 April 08, 2016

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB 3235-0287 Number:

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Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

January 31, Expires: 2005

0.5

Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

response...

See Instruction 1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * Van Nieuwenhuyse Rick

2. Issuer Name and Ticker or Trading

5. Relationship of Reporting Person(s) to Issuer

Symbol

NOVAGOLD RESOURCES INC

(Check all applicable)

[NG]

(Last) (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year)

04/07/2016

Director 10% Owner Officer (give title _ Other (specify below)

C/O NOVAGOLD RESOURCES INC., 201 SOUTH MAIN STREET,

(Street)

SUITE 400

4. If Amendment, Date Original

6. Individual or Joint/Group Filing(Check Applicable Line)

Filed(Month/Day/Year)

X Form filed by One Reporting Person Form filed by More than One Reporting

Person

SALT LAKE CITY, UT 84111

(City)	(State)	(Zip) Tab	le I - Non-	Derivative S	Securit	ties Acq	uired, Disposed o	of, or Benefici	ally Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactio Code (Instr. 8)	4. Securitie on(A) or Disp (Instr. 3, 4	osed o	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Shares	04/07/2016		Code V M	Amount 159,050	(D)	Price \$ 2.9 (1)	(Instr. 3 and 4) 608,650	D	
Common Shares	04/07/2016		F	63,620	D	\$ 7.25 (1)	545,030	D	
Common Shares	04/07/2016		S	95,430	D	\$ 7.24 (1) (2)	449,600	D	
Common							86,690	I	Segregated

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Shares IRA

Common Shares 182,938 I IRA

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		Expiration Date		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount of Number of Shares
Stock Option (Right to	\$ 2.9 (1)	04/07/2016		M		159,050	01/07/2014	01/06/2019	Common Shares	159,050

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Van Nieuwenhuyse Rick C/O NOVAGOLD RESOURCES INC. 201 SOUTH MAIN STREET, SUITE 400 SALT LAKE CITY, UT 84111

Signatures

Buy)

/s/ Tricia Pannier as attorney-in-fact for Rick Van Nieuwenhuyse

04/08/2016

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations, See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Expressed in Canadian Dollars.
- (2) The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from C\$7.19 to C\$7.295, inclusive. The reporting person undertakes to provide to NOVAGOLD RESOURCES INC, any security holder of

Reporting Owners 2

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NOVAGOLD RESOURCES INC., or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in this footnote.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.