#### ALLIED CAPITAL CORP

Form 4 March 12, 2009

## FORM 4

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

**SECURITIES** 

**OMB** Number:

3235-0287

Expires:

Form filed by More than One Reporting

January 31, 2005

0.5

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response...

subject to Section 16. Form 4 or Form 5 obligations may continue.

Check this box

if no longer

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

See Instruction

1. Name and Address of Reporting Person \* 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading Torre Bates Ann Issuer Symbol ALLIED CAPITAL CORP [ALD] (Check all applicable) (Last) (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) \_X\_\_ Director 10% Owner \_ Other (specify Officer (give title 1919 PENNSYLVANIA AVENUE, 03/06/2009 below) NW, 3RD FLOOR (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check Filed(Month/Day/Year) Applicable Line) \_X\_ Form filed by One Reporting Person

#### WASHINGTON, DC 20006

(City)	(State)	(Zip) Tab	le I - Non-I	Derivative	Secur	rities Acqu	ired, Disposed of	, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	urities Ownership neficially Form: Direct ned (D) or lowing Indirect (I) orted (Instr. 4) nsaction(s)	
			Code V	Amount		Price	(Instr. 3 and 4)		
Common Stock	03/06/2009		P	3,560	A	\$ 0.7	3,560	I	Spouse IRA
Common Stock	03/06/2009		P	1,440	A	\$ 0.71	5,000	I	Spouse IRA
Common Stock	03/06/2009		P	1,300	A	\$ 0.6981	6,300	I	Spouse IRA
Common Stock	03/06/2009		P	700	A	\$ 0.6983	7,000	I	Spouse IRA
Common Stock							1,595	D	

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Common Stock	700	I	Parent IRA
Common Stock	3,499	I	Parent Trust
Common Stock	7,250	I	by Keogh Acct

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	7. Titl Amou Under Securi (Instr.	nt of lying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

# **Reporting Owners**

Reporting Owner Name / Address		Relationships						
Topozonia o wnoz zwino, zac			10% Owner	Officer	Other			
Torre Bates Ann 1919 PENNSYLVANIA AVE 3RD FLOOR WASHINGTON, DC 20006	NUE, NW	X						
Signatures								
s/ Ann Torre	/12/2000							

03/12/2009

Bates

\*\*Signature of Date

Reporting Person

Reporting Owners 2

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# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.