



Item 8.01. Other Events.

On March 1, 2016, ARMOUR Residential REIT, Inc. ("ARMOUR") announced that a cash dividend rate of \$0.33 per share will be payable to holders of ARMOUR common stock for the month of March 2016, as set forth below:

Holder of Record Date	Payment Date
March 15, 2016	March 28, 2016

A copy of ARMOUR's press release announcing the common stock dividend is attached hereto as Exhibit 99.1 and incorporated herein by reference.

Item 9.01. Financial Statements and Exhibits.

(d) Exhibits

Exhibit No.	Description
99.1	Press Release announcing the March 2016 common stock dividend, dated March 1, 2016

---

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Dated: March 1, 2016

ARMOUR RESIDENTIAL REIT, INC.

By: /s/ James R. Mountain

Name: James R. Mountain

Title: Chief Financial Officer

---

Exhibit Index

Exhibit No.	Description
-------------	-------------

99.1	Press Release announcing the March 2016 common stock dividend, dated March 1, 2016
------	--