BALLANCE ROBERT

Form 4

December 18, 2018

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16.

Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Form 5 obligations may continue. *See* Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

Common

Common

Stock

Stock

(Print or Type Responses)

Name and Address of Reporting Pers BALLANCE ROBERT	2. Issuer Name and Ticker or Trading Symbol BCB BANCORP INC [BCBP]	5. Relationship of Reporting Person(s) to Issuer			
(Last) (First) (Midd		(Check all applicable)			
104-110 AVENUE C	(Month/Day/Year) 12/14/2018	_X_ Director 10% Owner Officer (give title Other (specify below)			
(Street)	4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
BAYONNE, NJ 07002		Form filed by More than One Reporting Person			
(City) (State) (Zip	Table I - Non-Derivative Securities Ac	quired, Disposed of, or Beneficially Owned			
(Instr. 3) a	A. Deemed 3. 4. Securities Execution Date, if TransactionAcquired (A) or ny Code Disposed of (D) Month/Day/Year) (Instr. 8) (Instr. 3, 4 and 5) (A) or Code V Amount (D) Price	5. Amount of Securities Form: Direct Indirect Beneficially (D) or Beneficial Owned Indirect (I) Ownership Following (Instr. 4) (Instr. 4) Reported Transaction(s) (Instr. 3 and 4)			
Common Stock 12/14/2018	A $\frac{4,500}{(1)}$ A \$0	107,589 D			
Common Stock		3,275 I By Spouse			
Common Stock		1,062 I By IRA			

1,473

1,473

I

I

By Child

By Child

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Options	\$ 11.26	12/14/2018		A	25,000 (2)	12/14/2019	12/14/2028	Common Stock	25,000 (2)
Stock Options	\$ 12.4					09/16/2018	09/13/2027	Common Stock	25,000
Stock Options	\$ 10.92					09/16/2017	09/16/2026	Common Stock	10,000
Stock Options	\$ 10.81					12/03/2016	12/03/2025	Common Stock	10,000
Stock Options	\$ 13.32					03/07/2015	03/07/2024	Common Stock	10,000
Stock Options	\$ 9.03					01/17/2014	01/17/2023	Common Stock	10,000
Stock Options	\$ 8.93					09/29/2012	09/29/2021	Common Stock	5,000

Reporting Owners

Reporting Owner Name / Address	Relationships				
Toporoung o water tunner, traumens	Director	10% Owner	Officer	Other	
BALLANCE ROBERT					
104-110 AVENUE C	X				
BAYONNE, NJ 07002					

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Signatures

/s/ Thomas Keating, pursuant to power of attorney

12/18/2018

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares of restricted stock vest at a rate of 50% per year commencing December 14, 2019.
- (2) Stock Options vest at a rate of 50% per year commencing on December 14, 2019.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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