

Item 2.02 Results of Operations and Financial Condition.

On March 7, 2017, Nature's Sunshine Products, Inc. (the "Company") issued a press release announcing its financial results for the fourth quarter and year ended December 31, 2016. A copy of the Company's press release is attached hereto as Exhibit 99.1 and is incorporated herein by reference.

The information furnished with this Item 2.02, including Exhibit 99.1, shall not be deemed "filed" for purposes of Section 18 of the Securities Exchange Act of 1934, as amended (the "Exchange Act"), or otherwise subject to the liabilities of that section, nor shall it be deemed incorporated by reference into any other filing under the Securities Act of 1933, as amended, or the Exchange Act, except as expressly set forth by specific reference in such a filing.

The press release furnished herewith makes reference to non-GAAP financial information, which the Company's management believes assists management and investors in evaluating and comparing period-to-period results in a more meaningful and consistent manner. A reconciliation of GAAP to non-GAAP results is provided in the press release.

Item 8.01 Other Events.

Quarterly Cash Dividend

On March 7, 2017, the Company issued a press release announcing that its Board of Directors approved the Company's payment of a quarterly cash dividend of \$0.10 per share, payable on April 3, 2017, to shareholders of record as of the close of business on March 22, 2017.

A copy of the press release is furnished herewith as Exhibit 99.1.

The Company's 2017 Annual Meeting of Shareholders will be held on May 9, 2017.

Item 9.01 Financial Statements and Exhibits.

The following document is filed as an exhibit to this report:

Item No. Exhibit

99.1 Press Release issued by the Company, dated March 7, 2017.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

NATURE'S SUNSHINE PRODUCTS, INC.

Dated: March 8, 2017 By: /s/ Joseph W. Baty

Joseph W. Baty, Executive Vice President, Chief Financial Officer and Treasurer