

Item 7.01 Regulation FD Disclosure

On November 18, 2016, FitLife Brands, Inc. (the "Company") began using the corporate presentation materials attached hereto as Exhibit 99.1. The Company may continue to use these materials from time to time in conversations with investors and analysts.

Item 9.01 Financial Statements and Exhibits

See Exhibit Index.

Disclaimer

In accordance with General Instruction B.2 of Form 8-K, the information contained in Item 7.01 of this Current Report on Form 8-K, including Exhibit 99.1 attached hereto, shall not be deemed "filed" for the purposes of Section 18 of the Securities Exchange Act of 1934, as amended, or otherwise subject to the liabilities of that Section. The information in Item 7.01 of this Current Report on Form 8-K shall not be incorporated by reference into any filing or other document pursuant to the Securities Act of 1933, as amended, except as shall be expressly set forth by specific reference in such filing or document.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

FITLIFE BRANDS, INC.

Date: November 18, 2016 By: /s/ Michael Abrams
Michael Abrams
Chief Financial Officer

EXHIBIT INDEX

Exhibit Number	Description
99.1	Investor presentation materials, dated November 2016.