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	A E								OMB A	APPROVAL			
FORM 5									OMB	3235-0362			
UNITED STATES SECURITIES AND EXCHANGE COMMISSION Check this box if Washington, D.C. 20549						Number:	January 31,						
no longer subject to Section 16. Form 4 or Form 5 obligations may continue. ANNUAL ST			admington, Dioi 2007)						Expires:	2005			
			TATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES							stimated average urden hours per sponse 1.0			
See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Form 3 Holdings Section 17(a) of the Public Utility Holding Company Act of 1935 or Section Reported Form 4 Transactions Reported Reported													
1. Name and Address of Reporting Person * Prue Nancy J F			2. Issuer Name and Ticker or Trading Symbol ADAMS NATURAL RESOURCES				I	5. Relationship of Reporting Person(s) to Issuer					
			FUND, INC. [PEO]					(Check all applicable)					
(Last) (First) (Middle)			3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2016				-	Director 10% Owner _X_ Officer (give title Other (specify below) E.V.P. & DirShareholder Comm					
500 EAST STREET,Â	PRATT A SUITE 1300							E.V.I. & Di	nShareholde	a Comm			
	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Reporting (check applicable line)						
	^ ^												
						One Reporting Person Iore than One Reporting							
(City)	(State)	(Zip)	Tal	ble I - Non-De	rivative Seco	urities	s Acqui	ired, Disposed of	, or Beneficia	ally Owned			
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		Date, if Transaction (A) or Dispose Code (Instr. 3, 4 and ay/Year) (Instr. 8)		osed of (D) Securities Beneficially Owned at end of Issuer's Fiscal Year		Beneficially Owned at end of Issuer's	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)				
Common Stock	12/31/2016	Â		J	466.387 (1)	A	\$0	11,538.125	D	Â			
Common Stock	12/31/2016	Â		J	379.076 (2)	A	\$0	6,737.576 (3)	I	By Issuer's & Adams Diversified			

Equity Fund, Inc.'s

Thrift Plan Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

	1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Titl	e and	8. Price of
	Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transaction	Number	Expiration D	ate	Amou	nt of	Derivative
	Security	or Exercise		any	Code	of	(Month/Day/	Year)	Under	lying	Security
	(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securi	ities	(Instr. 5)
		Derivative				Securities			(Instr.	3 and 4)	
		Security				Acquired					
						(A) or					
						Disposed					
						of (D)					
						(Instr. 3,					
						4, and 5)					
										A	
										Amount	
						Date	Expiration		or Namel		
							Exercisable	Date		Number	
					(A) (D)				of		
						(A) (D)				Shares	

Reporting Owners

Reporting Owner Name / Address		Relationships	

Director 10% Owner Officer Other

Prue Nancy J F 500 EAST PRATT STREET SUITE 1300

Â Ê.V.P. & Dir.-Shareholder Comm

BALTIMORE, MDÂ 21202

Signatures

Gail L. Valenti as Attorney-in-Fact for Nancy J. F.
Prue
02/03/2017

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares were acquired in exempt transactions as a result of dividend reinvestment. The Issuer's stock traced in a range of \$14.29 \$20.82 during 2016.

Of these shares, 299.8740 shares are held by the Issuer's Thrift Plan Trust and 79.2020 are held by Adams Diversified Equity Fund, Inc.'s Thrift Plan Trust and represent the undersigned's proportionate beneficial interest in the shares that were acquired by the Trust in 2016 in exempt transactions as a result of periodic contributions made during 2016 and shares acquired by the Trustee through dividend reinvestment in 2016. The Issuer's stock traded in a range of \$14.29 - \$20.82 during 2016.

(3)

Reporting Owners 2

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The number of shares reported as held by the Issuer's and by Adams Diversified Equity Fund's Thrift Plan Trust represents the undersigned's proportionate beneficial interest in such stock held in the Trust. Such number is based on information as of 12/31/2016. This number includes the shares acquired in exempt transactions through periodic contributions made during 2016, shares acquired by the Trustee through dividend reinvestment, and changes in the number of shares previously reported due to fluctuations in the market price and interests in the Trust during 2016. The Issuer's stock traded in a range of \$14.29 - \$20.82 during 2016.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.