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GREVING F Form 4 February 27,											
FORN	Л	STATES					NGE C	COMMISSION	OMB AF OMB Number:	PROVAL 3235-0287	
Check th if no long subject to Section 1 Form 4 o Form 5 obligatio may cont <i>See</i> Instru 1(b).	Washington, D.C. 20549Number:32F CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIESExpires:JarEstimated avera burden hours per responseEstimated avera burden hours per responseSection 16(a) of the Securities Exchange Act of 1934, Public Utility Holding Company Act of 1935 or Section of the Investment Company Act of 1940										
(Print or Type I	Responses)										
1. Name and Address of Reporting Person <u>*</u> GREVING ROBERT C			2. Issuer Name and Ticker or Trading Symbol Unum Group [UNM]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
			3. Date of Earliest Transaction (Month/Day/Year) 02/25/2009					Director 10% Owner X Officer (give title Other (specify below) EVP, CFO & Chief Actuary			
CHATTAN	(Street) OOGA, TN 3740)2		ndment, Da hth/Day/Year	-	1		6. Individual or Jo Applicable Line) _X_ Form filed by C Form filed by M Person	One Reporting Pe	rson	
(City)	(State)	(Zip)	Tabl	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Executio any	ned n Date, if Day/Year)	3. Transactic Code (Instr. 8) Code V	4. Securi on(A) or Di (Instr. 3, Amount	ispose	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
Common Stock	02/25/2009			F	1,553 (1)	D	\$ 10.65	110,200 <u>(2)</u>	D		
Common Stock	02/25/2009			F	2,035 (3)	D	\$ 10.43	108,165 <u>(4)</u>	D		
Common Stock								8,198	I	Spouse	
Common Stock								196	Ι	401(k)	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Title	e and	8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	onNumber	Expiration D	ate	Amou	nt of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Underl	lying	Security	Secu
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securit	ties	(Instr. 5)	Bene
	Derivative				Securities			(Instr.	3 and 4)		Owne
	Security				Acquired						Follo
					(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						Ì
					4, and 5)						
					· · ·						
									Amount		
						Date	Expiration		or		
						Exercisable	Date		Number		
									of		
				Code V	(A) (D)				Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
GREVING ROBERT C 1 FOUNTAIN SQUARE CHATTANOOGA, TN 37402			EVP, CFO & Chief Actuary					
Signatures								
Greving Robert								

Greving, Robert,

Carl

02/26/2009

<u>**</u>Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Shares withheld for taxes due on vesting of 5,870 shares of restricted stock (1)
- Includes 50,844 restricted stock units, 15,670 shares of restricted stock, 5,962 shares held in the company ESPP and 37,724 shares held (2) outside any plan.
- Shares withheld for taxes due on vesting of 6,836 shares of restricted stock. (3)
- Includes 50,844 restricted stock units, 8,834 shares of restricted stock, 5,962 shares held in the company ESPP, and 42,525 shares held (4) outside any plan.

Remarks:

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Includes 50,844 restricted stock units, 15,670 shares of restricted stock, 5,962 shares held in the company ESPP and 37,724 sh

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.