#### GREVING ROBERT C

Form 4

August 11, 2009

## FORM 4

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0287

Number:

January 31, Expires: 2005

**OMB APPROVAL** 

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Check this box if no longer subject to Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES** 

Form 5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * GREVING ROBERT C			2. Issuer Name and Ticker or Trading Symbol Unum Group [UNM]	5. Relationship of Reporting Person(s) to Issuer		
(Last)	(Last) (First) (Middle		3. Date of Earliest Transaction	(Check all applicable)		
1 FOUNTAIN SQUARE			(Month/Day/Year) 08/07/2009	Director 10% OwnerX Officer (give title Other (specify below)  EVP, CFO & Chief Actuary		
	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line)		
CHATTANOOGA, TN 37402			- 100(.101.102.0), 101.1	_X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		

(City)	(State)	(Zip) Tab	le I - Non-	Derivative	Secui	rities Acquir	ed, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired (A) Transactionor Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)  (A) or Code V Amount (D) Price				5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	08/07/2009		M	18,130	A		126,378 (1)	D	
Common Stock	08/07/2009		S	18,130	D	\$ 20.6396 (2)	108,248 (3)	D	
Common Stock							8,198	I	Spouse
Common Stock							196	I	401(k)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	Secu Acqu (A) o Disp (D)	urities uired or oosed of er. 3, 4,	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Options (right to buy)	\$ 13.719	08/07/2009		M		5,983	02/25/2002	02/25/2010	Common Stock	5,983
Employee Stock Options (right to buy)	\$ 13.719	08/07/2009		M		5,982	02/24/2001	02/25/2010	Common Stock	5,982
Employee Stock Options (right to buy)	\$ 13.719	08/07/2009		M		6,165	02/25/2003	02/25/2010	Common Stock	6,165

# **Reporting Owners**

Reporting Owner Name / Address	Relationships						
<b>FB</b>	Director	10% Owner	Officer	Other			
GREVING ROBERT C 1 FOUNTAIN SQUARE CHATTANOOGA, TN 37402			EVP, CFO & Chief Actuary				

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### **Signatures**

Parrott, Christopher A., Attorney in fact 08/11/2009

\*\*Signature of Reporting Person Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) 51,078 restricted stock units (including dividend equivalent rights), 6,836 shares of restricted stock, 6,340 shares in company ESPP and 62,124 shares held outside any plan.
- (2) Reflects weighted average price for sale transactions ranging in price from \$20.535 per share to \$20.790 per share.
- (3) 51,078 restricted stock units (including dividend equivalent rights), 6,836 shares of restricted stock, 6,340 shares in company ESPP and 43,994 shares held outside any plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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