Arnold Timothy Gerald Form 4 February 20, 2019

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

SECURITIES

OMB APPROVAL OMB

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

Check this box if no longer subject to Section 16. Form 4 or Form 5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * Arnold Timothy Gerald			2. Issuer Name and Ticker or Trading Symbol Unum Group [UNM]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	(First)	(Middle)	3. Date of Earliest Transaction	(coost on approximate)			
			(Month/Day/Year)	Director 10% Owner			
1 FOUNTAIN SQUARE			02/18/2019	_X_ Officer (give title Other (specify below) EVP, President & CEO, Colonial			
	(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check			
			Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person			
CHATTANOOGA, TN 37402				Form filed by More than One Reporting Person			

CHATTANOOGA, TN 3/402

(City)	(State)	(Zip) Tab	le I - Non-	Derivative Sec	curitie	s Acquir	ed, Disposed of, o	or Beneficially	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired (A) Transaction Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	(I) (Instr. 4)	
Common Stock	02/18/2019		A	8,294.557 (1)	A	\$0	36,114 (2) (3)	D	
Common Stock	02/18/2019		F	2,668 (4)	D	\$ 36.32	33,446 (5)	D	
Common Stock							689.875	I	By 401(k) plan

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exer	cisable and	7. Tit	le and	8. Price of	9. Ni
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transact	iorNumber	Expiration D	ate	Amou	unt of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day	/Year)	Unde	rlying	Security	Secu
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivativ	re		Secur	rities	(Instr. 5)	Bene
	Derivative				Securitie	S		(Instr	. 3 and 4)		Own
	Security				Acquired						Follo
					(A) or						Repo
					Disposed						Trans
					of (D)						(Insti
					(Instr. 3,						
					4, and 5)						
									Amount		
						Date Exercisable	Expiration Date	Title	or		
				Code V	(A) (D)				Shares		

Reporting Owners

Relationships Reporting Owner Name / Address

> Other Director 10% Owner Officer

Arnold Timothy Gerald 1 FOUNTAIN SQUARE CHATTANOOGA, TN 37402

EVP, President & CEO, Colonial

Signatures

/s/ Jullienne, J. Paul, Attorney-in-Fact

02/20/2019

**Signature of Reporting Person

Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
 - Represents shares of common stock earned from a target number of performance share units awarded on February 23, 2016 ("2016
- (1) PSUs"). The shares were earned upon the vesting of the 2016 PSUs and the certification of the levels of achievement of the performance metrics measured over the three-year performance period ended December 31, 2018.
- Includes 12,838 restricted stock units, which may be settled, on a 1-for-1 basis, only in shares of common stock ("stock-settled RSUs"), **(2)** and 23,276 shares of common stock. Fractional amounts have been rounded to the nearest whole number.
- Beneficial ownership amount accounts for the exempt acquisitions of an aggregate of 38.480 shares of common stock under the issuer's (3) employee stock purchase plan and 347.501 stock-settled RSUs pursuant to the reinvestment of dividends since the date of the reporting person's prior Form 4.
- (4) Shares withheld to satisfy tax withholding obligation applicable to the vesting of the earned 2016 PSUs.
- Includes 12,838 stock-settled RSUs and 20,608 shares of common stock. Fractional amounts have been rounded to the nearest whole

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Reporting Owners 2

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