

ARROW FINANCIAL CORP

Form 4

November 02, 2006

FORM 4**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

Check this box
if no longer
subject to
Section 16.
Form 4 or
Form 5
obligations
may continue.
See Instruction
1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF
SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
30(h) of the Investment Company Act of 1940

OMB APPROVAL

OMB
Number: 3235-0287
Expires: January 31,
2005
Estimated average
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(Print or Type Responses)

1. Name and Address of Reporting Person *
BILODEAU GERARD R

(Last) (First) (Middle)

**ARROW FINANCIAL
CORPORATION, 250 GLEN
STREET**

(Street)

GLENS FALLS, NY 12801

(City) (State) (Zip)

2. Issuer Name **and** Ticker or Trading
Symbol
**ARROW FINANCIAL CORP
[AROW]**

3. Date of Earliest Transaction
(Month/Day/Year)
10/31/2006

4. If Amendment, Date Original
Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to
Issuer

(Check all applicable)

____ Director ____ 10% Owner
____X____ Officer (give title below) ____ Other (specify below)
SVP & Corporate Secretary

6. Individual or Joint/Group Filing(Check
Applicable Line)
____X____ Form filed by One Reporting Person
____ Form filed by More than One Reporting
Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	10/31/2006		M	8,697 A	\$ 11.01 21,741	D	
Common Stock	10/31/2006		F	5,472 (2) D	\$ 25.45 16,269	D	
Common Stock	10/31/2006		S	250 D	\$ 25.29 16,019	D	
Common Stock	10/31/2006		J(1)	0 A	\$ 0 23,280	I	ESOP
	10/31/2006		J(1)	0 A	\$ 0 2,532	I	

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Common
Stock

ESPP with
Wife

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474
(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	Amount or Number of Shares
Employee Stock Option (Right to Buy	\$ 11.01	11/27/1996		M	8,697	11/27/2000 11/27/2006	Common Stock	8,697

Reporting Owners

Reporting Owner Name / Address

Relationships

Director 10% Owner Officer Other

BILODEAU GERARD R
ARROW FINANCIAL CORPORATION
250 GLEN STREET
GLENS FALLS, NY 12801

SVP & Corporate Secretary

Signatures

Gerard R.
Bilodeau 11/02/2006

**Signature of
Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Amount of securities beneficially owned.

(2) Includes 1) 3,762 shares surrendered by reporting person to issuer to pay the exercise price of the derivative security and 2) 1,710 shares withheld by the issuer to satisfy withholding tax liabilities related to the exercise.

(3) Exercise of derivative security.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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