## Edgar Filing: Mears Richard W - Form 4

**D'** 1

Mears Richa	ard W									
Form 4										
February 03	, 2006									
FORM						NCE			PROVAL	
	UNITEL		<b>Washington</b>			INGE (	COMMISSION	OMB Number:	3235-0287	
Check this box								Expires:	January 31,	
if no longer subject to STATEMENT OF CHAN				NGES IN BENEFICIAL OWNERSHIP OF					2005	
subject to STATEMENT OF CHART				SECURITIES				Estimated average burden hours per		
Form 4 o								0.5		
Form 5 obligation		irsuant to Secti				•				
may con			•	•	-	•	f 1935 or Section	n		
See Instr	ruction	30(h) of th	e Investmen	t Compa	ny Ac	ct of 194	10			
1(b).										
(Print or Type	Responses)									
1. Name and Address of Reporting Person *       2. Issuer N         Mears Richard W       Symbol				r Name and Ticker or Trading			5. Relationship of Reporting Person(s) to Issuer			
wiears Kich	iaiu w	•	mbol WENS & MINOR INC/VA/ [OMI]			135001				
		0	ENS & MIN	IOR INC	/ V A/	[OMI]	(Chec	k all applicable	:)	
(Last)	(First)	. ,	ate of Earliest T	ransaction						
			Month/Day/Year) )2/01/2006				Director X Officer (give	title 0ther (specify		
4000 COX	KD.	02/	172000				below)	below)		
							S	sr. VP, CIO		
			Amendment, Date Original			6. Individual or Joint/Group Filing(Check				
			l(Month/Day/Yea	/Ionth/Day/Year)				Applicable Line) _X_ Form filed by One Reporting Person		
GLEN ALI	LEN, VA 23060						Form filed by M	fore than One Re		
							Person			
(City)	(State)	(Zip)	Table I - Non-	Derivative	Secu	rities Acq	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of	2. Transaction Da		3.	4. Securi			5. Amount of	6. Ownership		
Security	(Month/Day/Year		, if Transacti Code	on(A) or D (Instr. 3,			Securities Beneficially	Form: Direct (D) or	Indirect Beneficial	
(Instr. 3)		any (Month/Day/Y		(11150.5,	4 anu	3)	Owned	Indirect (I)	Ownership	
		`` <b>`</b>	, , ,				Following	(Instr. 4)	(Instr. 4)	
					(A)		Reported Transaction(s)			
					or	D.	(Instr. 3 and 4)			
			Code V	Amount	(D)	Price \$				
common	02/01/2006		А	179	А	ф 30.24	7,179	D		
						50.24				

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	Number Expiration Date of (Month/Day/Year) Derivative Securities Acquired A) or Disposed of (D) Instr. 3,		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Pric Deriva Securi (Instr.
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
stock option	\$ 31.75				06/06/2008	06/06/2012	common	5,000	

## **Reporting Owners**

Reporting Owner Name / Add	ress	Relationships							
	Director	10% Owner	Officer	Other					
Mears Richard W 4800 COX RD. GLEN ALLEN, VA 23060			Sr. VP, CIO						
Signatures									
Richard W. Mears	02/03/2006								
**Signature of Reporting Person	Date								

## **Explanation of Responses:**

\* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.