SMITH CRAIG R Form 4

April 07, 2011

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

Expires:

January 31, 2005

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

04/06/2011

04/06/2011

Stock

Stock

Common

See Instruction

1. Name and A SMITH CR	Address of Reporting AIG R	Person * 2. Issu Symbol	er Name and Ticker or Trading	5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First) (I		NS & MINOR INC/VA/ [ON of Earliest Transaction	(Check all applicable)			
(====)	()	(Month/	Director 10% Owner				
9120 LOCE	KWOOD BLVD.	04/06/	-				
	(Street)		nendment, Date Original onth/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
MECHANI	CSVILLE, VA 2	3116		Form filed by More than One Reporting Person			
(City)	(State)	(Zip) Tal	ble I - Non-Derivative Securities	Acquired, Disposed of, or Beneficially Owned			
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr. 3, 4 and 5) (Instr. 8) (A) or				
Common	04/06/2011		$M(1)$ 18 000 Λ	361 406 D			

18,000 A

18.000 D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 $M_{\underline{-}1}^{(1)}$

 $S^{(1)}$

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

361,496

343,396

19.72

32.98

(2)

D

D

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)			6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option	\$ 19.72 (3)	04/06/2011		M		18,000 (3)	04/28/2006	04/28/2012	Common Stock	18,000

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

SMITH CRAIG R 9120 LOCKWOOD BLVD. MECHANICSVILLE, VA 23116

President & CEO

Signatures

Craig R. Smith by Rosemarie W. France

POA 04/07/2011

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The exercise of stock options and sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person as filed on Current Report on Form 8-K dated February 11, 2011.
- (2) Weighted average of the sale price range of \$32.93 through \$33.07.
- (3) On 3/31/2010, the common stock of Owens & Minor, Inc. split 3-for-2, resulting in adjustments to the quantity and exercise price of reporting person's stock options.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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