SIMMONS RICHARD P Form SC 13G/A January 27, 2004

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

SCHEDULE 13G/A

Under the Securities Exchange Act of 1934 (Amendment No. 5)*

TELEDYNE TECHNOLOGIES INCORPORATED

(Name of Issuer)

Common Stock, par value \$.01 per share

(Title of Class of Securities)

879360 10 5

(CUSIP Number)

December 31, 2003

(Date of Event Which Requires Filing of this Statement)

Check the appropriate box to designate the rule pursuant to which this Schedule is filed:

/ / Rule 13d-1(b) / X / Rule 13d-1(c) / / Rule 13d-1(d)

*The remainder of this cover page shall be filled out for a reporting person's initial filing on this form with respect to the subject class of securities, and for any subsequent amendment containing information which would alter the disclosures provided in a prior cover page.

The information required in the remainder of this cover page shall not be deemed to be "filed" for the purpose of Section 18 of the Securities Exchange Act of 1934 ("Act") or otherwise subject to the liabilities of the section of the Act but shall be subject to all other provisions of the Act (however, see the Notes).

SCHEDULE 13G/A CUSIP NO. 879360 10 5

Names of Reporting Persons.
 I.R.S. Identification Nos. of above persons (entities only).

Richard P. Simmons

Check the Appropriate Box if a Member of a Group (a)

	(b)					
3.	SEC Use	Only				
4.	Citizens	hip or Pla	ace of Organiza	cion	-	U.S.A.
Owned by	<u>=</u>	5.	Sole Voting Po	wer		1,318,204
	ally	6.	Shared Voting	Power	-	0
	orting	7.	Sole Dispositi	ve Power		1,318,204
		8.	Shared Disposi	cive Power	-	0
			Page 2 of	7 Pages		
			Page 2 of SCHEDULE CUSIP NO. 87	13G/A		
10.	Check if Shares	the Aggre	egate Amount in	Row (9) Exclu	des Certain	
11.	Percent	of Class I	Represented by A	Amount in Row	(9)	4.1%
12. Type	of Repor	ting Pers	on		-	IN

Page 3 of 7 Pages

SCHEDULE 13G/A CUSIP NO. 879360 10 5

Item 1.

(a) Name of Issuer

		Teledyne Technologies Incorporated				
	(b)	Address of Issuer's Principal Executive Offices				
		12333 West Olympic Boulevard Los Angeles, CA 90064-1021				
Item 2.						
	(a)	Name of Person Filing				
		Richard P. Simmons				
	(b)	Address of Principal Business Office or, if none, Residence				
		Birchmere, Quaker Hollow Road, Sewickley, PA 15143				
	(c)	Citizenship				
		U.S.A.				
	(d)	Title of Class of Securities				
		Common Stock, \$.01 par value per share				
	(e)	CUSIP Number				
		879360 10 5				

Page 4 of 7 Pages

SCHEDULE 13G/A CUSIP NO. 879360 10 5

Item 3. If this statement is filed pursuant to ss.ss.240.13d-1(b) or
240.13d-2(b) or (c), check whether the person filing is a:

(a) // Broker of dealer registered under section 15 of the Act;

(b) // Bank as defined in section 3(a)(6) of the Act;

(c) // Insurance company as defined in section 3(a)(19) of the Act;

(d) // Investment company registered under section 8 of the Investment Company Act of 1940;

(e) // An investment adviser in accordance with ss.240.13d-1(b)(1)(ii)

(E);

- (g) / A parent holding company or control person in accordance with ss.240.13d-1(b)(1)(ii)(G);
- (h) / / A savings association as defined in Section 3(b) of the Federal Deposit Insurance Act;
- (i) / / A church plan that is excluded from the definition of an investment company under section 3(c)(14) of the Investment Company Act of 1940;
- (j) / Group, in accordance with ss.240.13d-1((b)(l)(ii)(J)
- Item 4. Ownership.

See Sections 5-9 and 11 of the cover page.

Item 5. Ownership of Five Percent or Less of a Class

If this statement is being filed to report the fact that as of the date hereof, the reporting person has ceased to be the beneficial owner of more than five percent of the class of securities, check the following: $\,\,$ X

Page 5 of 7 Pages

SCHEDULE 13G/A CUSIP NO. 879360 10 5

Item 6. Ownership of More than Five Percent on Behalf of Another Person

Not applicable.

Item 7. Identification and Classification of the Subsidiary Which Acquired the Security Being Reported on by the Parent Holding Company

Not applicable.

Item 8. Identification and Classification of Members of the Group

Not applicable.

Item 9. Notice of Dissolution of Group

Not applicable.

Item 10. Certification

By signing below I certify that, to the best of my knowledge and belief, the securities referred to above were not acquired and are not held for the purpose of or with the effect of changing or influencing the control of the issuer of the securities and were not acquired and are not held in connection

with or as a participant in any transaction having that purpose or effect.

Page 6 of 7 Pages

SCHEDULE 13G/A CUSIP NO. 879360 10 5

SIGNATURE

After reasonable inquiry and to the best of my knowledge and belief, I certify that the information set forth in this statement is true, complete and correct.

January 27, 2004
----Date

/s/Richard P. Simmons
-----Richard P. Simmons

Page 7 of 7 Pages