### Edgar Filing: FORWARD AIR CORP - Form 4

FORWARD AIR CORP Form 4 May 31, 2005							
FORM 4 UNITED	OMB Number: Expires: Estimated						
obligations may continue. See Instruction 1(b).	a) of the Public	Utility Hold	e Securities Excha	t of 1935 or Sectio	burden hou response n		
(Print or Type Responses) 1. Name and Address of Reporting LANGLEY C JOHN JR	Symbol	l	Ticker or Trading CORP [FWRD]	5. Relationship of Issuer			
(Last) (First) (1 430 AIRPORT ROAD		of Earliest Tra /Day/Year) /2005	ansaction	(Check all applicable) <u>X</u> Director Officer (give title below) below) (Check all applicable) 10% Owner Director below)			
(Street) GREENEVILLE, TN 37745	4. If Ar Filed(M	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City) (State)	(Zip) Ta	ble I - Non-Do	erivative Securities A	Acquired, Disposed of	, or Beneficia	lly Owned	
1.Title of Security (Instr. 3)2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Transaction. Code	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or Amount (D) Price	Securities F Beneficially ( Owned ( Following ( Reported Transaction(s) (Instr. 3 and 4)	. Ownership Form: Direct D) or Indirect I) Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Reminder: Report on a separate line	e for each class of se	curities benefi	Persons who re information con required to resp	or indirectly. spond to the collec tained in this form ond unless the form ently valid OMB con	are not n	SEC 1474 (9-02)	

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number	6. Date Exercisable and	7. Title and Amount of	8. I
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	onof Derivative	Expiration Date	Underlying Securities	Der
Security	or Exercise		any	Code	Securities	(Month/Day/Year)	(Instr. 3 and 4)	Sec
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Acquired			(In

#### Edgar Filing: FORWARD AIR CORP - Form 4

	Derivative Security			I ( (	<ul> <li>(A) or</li> <li>Disposed of</li> <li>(D)</li> <li>(Instr. 3, 4, and 5)</li> </ul>					
			Code V	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (Right to Buy)	\$ 25.87	05/27/2005	А	,	7,500		<u>(1)</u>	05/27/2015	Common Stock	7,500

## **Reporting Owners**

Director	10% Owner	Officer	Other	
Х				
	05/31/200	)5		
	Date			
		Director 10% Owner X 05/31/200	X 05/31/2005	

## **Explanation of Responses:**

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) This is a vesting schedule, 50% over 2 years commencing 5/27/06.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.