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JACKSON N Form 4											
November 0	Л	STATES					NGE C	OMMISSION	OMB AF OMB	PROVAL	
Check th	is hox		Wa	shington,	D.C. 20	549			Number:	3235-0287	
if no long subject to Section 1 Form 4 o Form 5	ger 6. 9. Filed pu			SECUR	ERSHIP OF	Expires: Estimated a burden hou response	•				
obligatio may cont <i>See</i> Instru 1(b).	tinue. Section 17			tility Hold vestment	•	· ·		1935 or Sectior	1		
(Print or Type I	Responses)										
JACKSON MARTIN F Syn				r Name and T MEDIC			-0	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
			CORP [SEM]								
(Mor				. Date of Earliest Transaction Month/Day/Year)				Director 10% Owner X_ Officer (give title Other (specify below) below)			
HOLDING	CT MEDICAL S CORPORATIO URG ROAD	DN, 4714	11/05/2	018				Executiv	ve Vice Preside	ent	
меснали	(Street) CSBURG, PA 1'	7055		endment, Da nth/Day/Year	-			6. Individual or Jo Applicable Line) _X_ Form filed by O Form filed by M	ne Reporting Pe	rson	
								Person			
(City)	(State)	(Zip)		le I - Non-E			-	iired, Disposed of	, or Beneficial	•	
1.Title of Security (Instr. 3)	2. Transaction Dat (Month/Day/Year)	Execution any		3. Transactic Code (Instr. 8)	4. Securit on(A) or Dis (Instr. 3, 4	sposed	l of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6.7. Nature of IndirectOwnershipIndirectForm: DirectBeneficial(D) orOwnershipIndirect (I)(Instr. 4)(Instr. 4)		
C				Code V	Amount	(D)	Price	(Instr. 3 and 4)			
Common Stock	11/05/2018			D	50,000	D	\$ 19.3 (1)	1,617,968	D		
Common Stock	11/05/2018			D	50,000	D	\$ 19.33 (2)	1,567,968	D		
Common Stock								2,634	Ι	By son <u>(3)</u>	
Common Stock								2,634	I	By son (3)	

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Common Stock	2,634	Ι	By daughter (3)
Common Stock	2,634	Ι	By son (3)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of	3. Transaction Date (Month/Day/Year)	4. Transactio Code (Instr. 8)	of Derivative		ate	7. Titl Amou Under Secur	int of rlying ities	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene
	Derivative Security			Securities Acquired			(Instr.	. 3 and 4)		Owne Follo
				(A) or Disposed						Repo Trans
				of (D) (Instr. 3, 4, and 5)						(Instr
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address		Relationships						
	Director	10% Owner	Officer	Other				
JACKSON MARTIN F C/O SELECT MEDICAL HOLDINGS CORPORATIO 4714 GETTYSBURG ROAD MECHANICSBURG, PA 17055	Ν		Executive Vice President					
Signatures								
/s/ Michael E. Tarvin, as attorney-in-fact 11/07/201	8							

**Signature of Reporting Person

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Date

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The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$19.10 to \$19.96, inclusive. The reporting person undertakes to provide Select Medical Holdings Corporation, any security holder of Select

(1) The reporting person undertakes to provide select Medical Holdings Corporation, any security holder of Select Medical Holdings Corporation or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.

The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$19.25 to \$19.96, inclusive. The reporting person undertakes to provide Select Medical Holdings Corporation, any security holder of Select Medical Holdings Corporation or the staff of the Securities and Exchange Commission, upon request, full information regarding the

number of shares sold at each separate price within the range set forth in this footnote.
 (3) The reporting person beneficially owns the reported securities indirectly, but disclaims beneficial ownership of the reported securities except to the extent of his pecuniary interest therein.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.