Edgar Filing: Ap	pproach Resources Inc - F	orm 8-K
Approach Resources Inc Form 8-K March 18, 2019 UNITED STATES		
SECURITIES AND EXCHANGE COMMISSIO	N	
Washington, D.C. 20549		
FORM 8-K		
CURRENT REPORT		
Pursuant to Section 13 OR 15(d) of The Securitie	es Exchange Act of 1934	
Date of Report (Date of earliest event reported)  March 18, 2019		
APPROACH RESOURCES INC.		
(Exact name of registrant as specified in its charte	er)	
Delaware (State or other jurisdiction of incorporation)	001-33801 (Commission File Number)	51-0424817 (IRS Employer Identification No.)
One Ridgmar Centre		
6500 West Freeway, Suite 800		
Fort Worth, Texas (Address of principal executive offices)		76116 (Zip Code)
(817) 989-9000		
(Registrant's telephone number, including area or	nde)	

Not Applicable

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(Former name or former address, if changed since last report.)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§240.12b-2 of this chapter).

Emerging growth company

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act.

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Item 2.02 Results of Operations and Financial Condition.

On March 18, 2019, Approach Resources Inc. (the "Company") issued a press release announcing financial and operational results for the three and twelve months ended December 31, 2018 (the "Press Release"). A copy of the Press Release is furnished herewith as Exhibit 99.1.

Item 7.01 Regulation FD Disclosure.

On March 18, 2019, the Company issued the Press Release discussed above in Item 2.02 of this current report on Form 8-K. A copy of the Press Release is furnished herewith as Exhibit 99.1.

On March 18, 2019, the Company posted a presentation titled "Approach Resources Inc. – Fourth Quarter & Full-Year 2018 Results" under the "Investors – Events and Presentations" section of the Company's website, www.approachresources.com.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits.

Exhibit No. Description

### 99.1 Press Release dated March 18, 2019.

In accordance with General Instruction B.2 of Form 8-K, the information in sections 2.02 and 7.01 of this current report on Form 8-K, including the attached, referenced exhibits, shall not be deemed "filed" for purposes of Section 18 of the Securities Exchange Act of 1934, as amended (the "Exchange Act"), or otherwise subject to the liabilities of that section, nor shall it be deemed incorporated by reference into any registration statement or other filing under the Securities Act of 1933, as amended, or the Exchange Act, except as otherwise expressly stated in such filing.

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### **SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Approach Resources Inc.

By: /s/ Josh E. Dazey Josh E. Dazey Vice President – General Counsel

Date: March 18, 2019

3