

TRIARC COMPANIES INC
Form 4
June 07, 2007

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

OMB APPROVAL

OMB Number: 3235-0287
Expires: January 31, 2005
Estimated average burden hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
Umphenour Russ

2. Issuer Name and Ticker or Trading Symbol
TRIARC COMPANIES INC
[TRY;TRY.B]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)

3. Date of Earliest Transaction
(Month/Day/Year)
06/05/2007

Director 10% Owner
 Officer (give title below) Other (specify below)

815 WEST PACES FERRY ROAD, 280 PARK AVENUE

(Street)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)

Form filed by One Reporting Person
 Form filed by More than One Reporting Person

ATLANTA, GA 30327

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)				
				Code	V	Amount	(A) or (D)	Price			
Class A Common Stock	06/05/2007		A		43	(1)	A	\$ 17.09	2,185	D	
					(2)			(1) (2)			
Class B Common Stock, Series 1	06/05/2007		S		4,500		D	\$ 15.51	3,499,895	D	
Class B Common Stock, Series 1	06/05/2007		A		47	(1)	A	\$ 15.96	3,499,942	D	
					(2)			(1) (2)			

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Class B Common Stock, Series 1	06/06/2007	S	23,800	D	\$ 15.5	3,476,142	D
Class B Common Stock, Series 1	06/06/2007	S	100	D	\$ 15.52	3,476,042	D
Class B Common Stock, Series 1	06/06/2007	S	2,100	D	\$ 15.53	3,473,942	D
Class B Common Stock, Series 1	06/06/2007	S	4,000	D	\$ 15.57	3,469,942	D
Class B Common Stock, Series 1	06/06/2007	S	2,000	D	\$ 15.58	3,467,942	D
Class B Common Stock, Series 1	06/06/2007	S	9,800	D	\$ 15.59	3,458,142	D
Class B Common Stock, Series 1	06/06/2007	S	61,946	D	\$ 15.6	3,396,196	D
Class B Common Stock, Series 1	06/06/2007	S	17,454	D	\$ 15.61	3,378,742	D
Class B Common Stock, Series 1	06/06/2007	S	6,000	D	\$ 15.62	3,372,742	D
Class B Common Stock, Series 1	06/06/2007	S	4,190	D	\$ 15.63	3,368,552	D
Class B Common Stock, Series 1	06/06/2007	S	2,000	D	\$ 15.65	3,366,552	D

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474
(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Amount or Number of Shares
Stock Option (right to buy)	\$ 16.4	06/05/2007		A	4,000	⁽³⁾ 06/05/2017	Class A Common Stock	4,000
Stock Option (right to buy)	\$ 15.49	06/05/2007		A	8,000	⁽³⁾ 06/05/2017	Class B Common Stock, Series 1	8,000

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Umphenour Russ 815 WEST PACES FERRY ROAD 280 PARK AVENUE ATLANTA, GA 30327	X			

Signatures

/s/ Umphenour, Jr.,
Russell V. 06/05/2007

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares were issued pursuant to the Company's Amended and Restated 2002 Equity Participation Plan in lieu of Board of Directors meeting attendance fee that would otherwise be payable in cash.
- (2) In accordance with the Company's Amended and Restated 2002 Equity Participation Plan, the price is the average of the closing price per share on the 20 consecutive trading days immediately preceding the date on which the meeting fee would otherwise be payable.
- (3) The option vests in two equal installments on June 5, 2008 and 2009.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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