NATURAL HEALTH TRENDS CORP Form 8-K July 27, 2016

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, DC 20549

FORM 8-K

CURRENT REPORT Pursuant to Section 13 OR 15(d) of The Securities Exchange Act of 1934

July 27, 2016 Date of Report (Date of earliest event reported)

NATURAL HEALTH TRENDS CORP. (Exact name of registrant as specified in its charter)

Delaware (State or other jurisdiction of incorporation) 001-36849

59-2705336 (Commission File Number) (IRS Employer Identification No.)

609 Deep Valley Drive, Suite 395, Rolling Hills Estates, California 90274 (Address of principal executive offices, including zip code)

(310) 541-0888 (Registrant's telephone number, including area code)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425) 0
- Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12) 0
- Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b)) 0
- Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c)) 0

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Item 2.02 Results of Operations and Financial Condition.

On July 27, 2016, Natural Health Trends Corp. issued an earnings release announcing its results for the quarter ended June 30, 2016. The press release is attached hereto as exhibit 99.1.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits.

99.1 Press Release of Natural Health Trends Corp. dated July 27, 2016

## SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: July 27, 2016 NATURAL HEALTH TRENDS CORP.

By:/s/ Timothy S. Davidson Timothy S. Davidson Senior Vice President and Chief Financial Officer