Edgar Filing: INTEGRA LIFESCIENCES HOLDINGS CORP - Form 4

INTEGRA LIFESCIENCES HOLDIN Form 4 April 25, 2006	IGS CORP			
FORM 4 UNITED STATES	I	OMB APPROVAL OMB 3235-0287 Number: January 31, Expires: 2005		
if no longer subject to Section 16. Form 4 or Form 5 obligations Section 17(a) of the	/ NERSHIP OF ge Act of 1934,	Estimated average burden hours per response 0.		
See Instruction 1(b).	Public Utility Holding Company Act of 19			
 (Print or Type Responses) 1. Name and Address of Reporting Person <u>*</u> OGRADY JUDITH 	2. Issuer Name and Ticker or Trading Symbol INTEGRA LIFESCIENCES HOLDINGS CORP [IART]	5. Relationship of Re Issuer (Check a	eporting Person(s) to all applicable)	
(Last) (First) (Middle) 311 C ENTERPRISE DRIVE	 Date of Earliest Transaction (Month/Day/Year) 04/21/2006 	Director XOfficer (give tit below) Sr VP, Reg	tle 10% Owner below) gulatory, Quality,	
(Street) PLAINSBORO, NJ 08536	Applicable Line) _X_ Form filed by One	Joint/Group Filing(Check One Reporting Person More than One Reporting		
(City) (State) (Zip)	Table I - Non-Derivative Securities Ad		or Beneficially Owned	
(Instr. 3) any (Month		5. Amount of 6. Securities Fo Beneficially (D Owned Inc	Ownership7. Nature oform: DirectIndirectorBeneficialdirect (I)Ownershipnstr. 4)(Instr. 4)	
Common 04/21/2006 Stock	S <u>(1)</u> 3,000 D \$42	18,700 D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Amou Unde Secur	le and unt of rlying ities . 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

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Reporting Owners

Reporting Owner Name / Address	Relationships				
	Director	10% Owner	Officer	Other	
OGRADY JUDITH 311 C ENTERPRISE DRIVE PLAINSBORO, NJ 08536			Sr VP, Regulatory, Quality,		
Signatures					
/s/ Jeffrey Hellman, Attorney-in-Fact		04/25/200	6		
**Signature of Reporting Person		Date			

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) The sale reported on this Form 4 was pursuant to a Rule 10b5-1 plan adopted by the Reporting Person on December 1, 2005.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.